

Belonging: Find somewhere for a child to belong

Approximate time: 20 minute tutor time session

Materials: Paper/pen or iPad

Aim/outcome:

To help students to identify a place to go if they need a safe place at school

- Ask students to draw around their hand and then on each finger write a different area in school where they feel safe. For example, medical room, tutor room, library, etc.
- In the middle of their hand (palm) ask them to write the names of people they feel safe with and then the names of adult they feel safe with (eg school nurse, Miss X etc.)
 - Once they have completed their hand, ask students to share with the class what they have written. The safest way to do this is by asking them to put up their hand if they want to contribute.
 - Write the suggestions on the board.
 - Then recap all the suggestions and ask students if there were any suggestions that they had not thought of themselves.
 - Discuss why they think it is important to identify safe places they can go to at school

Expansion activity:

Ask them to create a safe corner in their Tutor room and say how they would do this: for instance, a rug with cushions. Ask them what rules could they have to make their tutor room more inclusive and safe.

One-to-one:

The exercise can be repeated one-to-one. Ask the student to draw around their hand and discuss areas in the school where they feel safe.

Students say: Students may want to do this exercise in secret. Ask students to complete the drawing and then give it to you. You can then use them to recap with the rest of the class what different students have suggested. Do not identify any students who have contributed to suggestions.