

## **Belonging: Responsibilities and obligations**

**Approximate time:** 20 minute tutor time session

**Materials:** Responsibilities handout

**Aim/outcome:** To explain how having responsibilities and obligations can make students feel a sense of belonging

### **Explanation:**

Using the responsibilities handout;

- In each circle list things students are responsible for:
- Circle 1: Things I am responsible for: myself – cleaning my teeth, going to bed, eating.
- Circle 2: Things I am responsible for at school – turning up on time, being clean and tidy, being quiet in lessons.
- Circle 3: Things I am responsible for in the neighbourhood – not being noisy, being tidy.
- Circle 4 Things I am responsible for the world – not polluting, not using loads of electricity.
- Once students have filled out the Handout for discussion ask them the following questions:
  - Why is responsibility important?
  - How does it make you feel?
  - What happens when you are not responsible or forget things?
  - How would feeling responsible help you feel that you belong?

### **Expansion activity:**

Ask students to think of something in the world that they would like to change and what they can specifically do about it. For example: make a poster about speeding, petition about recycling, a letter of complaint about ...

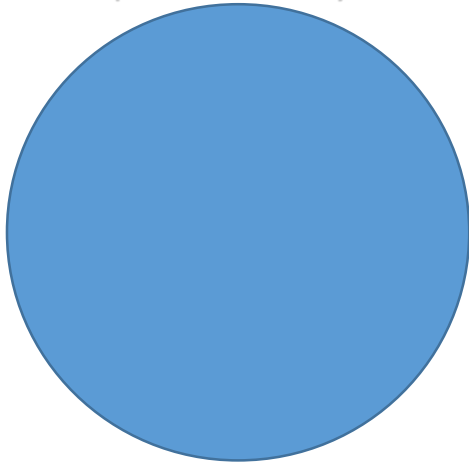
### **One-to-one:**

Using the handout help the student think about things that they are responsible for and have a discussion with them using the above questions.

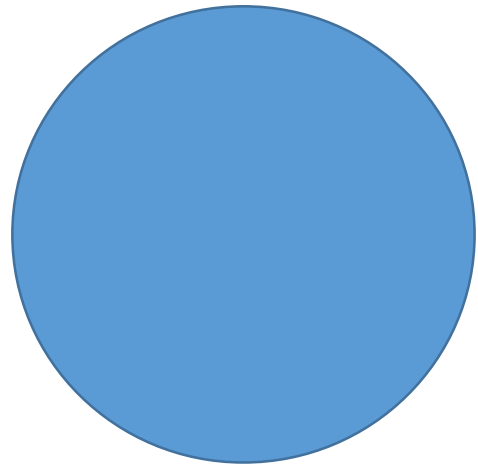
**Students say:** While carrying out this activity it is important for Tutors to be supportive of students who are young carers and have to deal with the heavy burden of caring for a family member. Also they might be students who have suffered trauma and may find organisation and responsibility very difficult to cope with. It is important that these students are supported while this activity is taking place and have a chance to talk to their Tutor once tutor session has finished.

## Responsibilities **handout**

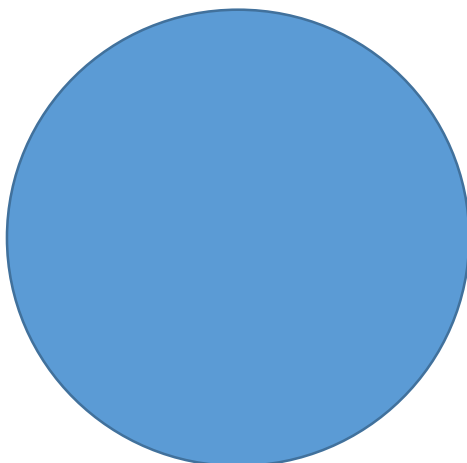
I am responsible for myself



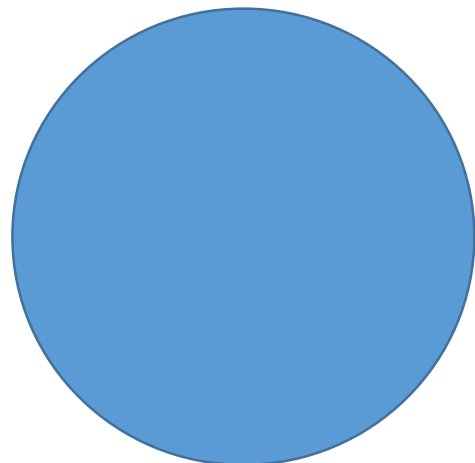
I am responsible at school



I am responsible for my family



I am responsible for community



I am responsible for the world

