

Learning: Make school life work as much as possible

Approximate time: 20 minute tutor time session

Materials: School day handout

Aim/outcome: For students to consider how they could make their life at school better and what things they need to do to ensure they have a good experience while at school.

Explanation:

- Ask students to write on handout 1 suggesting all the things that could go wrong and make them have the worst day ever at school.
- Once they have completed the Handout ask students to suggest to the rest of the class examples of their worst day ever at school.
- Then divide the board into two columns. In the first column write a list of things that made it bad for them.
- In the second column write students' suggestions for how they could resolve the bad situation.
- Then recap at the end of the session how they could make school life work as much as possible.

Expansion activity:

Ask students to write a log of one good thing and one bad thing that happened in school every day for two weeks. At the end of two weeks write out a list of all the good things and then all the bad things. Are there any similarities or differences? What is it that makes the day good and how could you put things in place to make every day at school feel good?

One-to-one:

Ask the students to complete the exercise above. This can be done with one to one support, suggesting ideas to the student. Encourage the student to think about how they could make their school day better and what things need to be put in place.

Students say: This activity needs to be fun. Tell students it is ok to make mistakes and that the purpose of the exercise is to encourage them to think about how they could have a better school experience

School day handout 1



Learning: Make school life work as much as possible

Using the two columns write a list of things that could make a school day very bad, then in the second column list the things that could resolve the situation

Things that could make your school day bad	Ways to help resolve the situation

